

Working through  
play therapy toward  
a healthier child,  
a happier family,  
and the future  
you hope for.

Counseling that's child-centered  
and parent-empowered to help  
children ages 2-10 with:

- Social skills
- Self-control
- Self-esteem
- Shyness/fears
- Anger, opposition, defiance
- Family interactions
- Focus/attention
- Following directions/listening
- Temper tantrums

CHILD & FAMILY COUNSELING  
Kathleen Griffin, M.A., L.P.C.  
100 Kings Road, Madison, NJ 07940

# Play that Works

Therapy that  
meets children  
in play, to help  
them get more  
out of life.



CHILD & FAMILY COUNSELING  
Kathleen Griffin, M.A., L.P.C.  
973-360-0123



Play that Works Children's Counseling is offered by Kathleen Griffin, M.A., L.P.C., an experienced child therapist, family counselor, and Certified School Psychologist with extensive experience in New Jersey schools, hospitals and private practice settings. She is dedicated to helping you step into your child's world as a means of understanding and improving their emotional, behavioral and relational issues – just as she has helped hundreds of other children and families.

### **Making a Comprehensive Assessment.**

It is important to consider the whole child and not simply examine individual behaviors or concerns. Consequently, client relationships begin with a comprehensive assessment of your child's functioning – sensory, emotional, cognitive, motor and language – and also of family and overall life contexts. This assessment involves both observation of your child and in-depth discussions with you.

### **Creating a Connection: Child-Parent-Therapist.**

Experience shows that therapy is most helpful when the therapist works to connect and equip the parent/caregiver and child for success beyond the therapy sessions. As a parent, you are invited to become a team member, learning how to identify and enhance developmental opportunities in daily life.

Call for an initial consultation:  
**973-360-0123**  
[www.kathleengriffin.com](http://www.kathleengriffin.com)

### **Working It Out Through Play.**

Play is a child's natural work, and the most natural environment in which to work with a child on his or her issues. Through playful interactions we step into the child's world and influence them when they are most accessible and motivated. By engaging and observing a child at play, we can learn how they respond to particular situations – and help teach and encourage them to react and relate in positive, flexible, appropriate ways.

### **Helping You With a Team Approach.**

Success beyond the therapy session depends upon first helping parents and caregivers learn how to offer support attuned to their child's individual sensitivities. With that foundation we can more effectively work together toward gradually increasing a child's skills, aiming at achievable goals. Those may include regulating emotions, interacting cooperatively and being able to accomplish tasks by themselves.

### **Accessing Specialized Expertise.**

In finding and pursuing the right path for you and your child, resistance and special obstacles are inevitably encountered. We will work together, discussing those experiences and developing strategies to keep moving forward. This may include making referrals to specialists as needed, such as occupational, physical or speech therapists, neurologists, developmental pediatricians or others.

Most important of all, working together as a team ensures you have the counseling, guidance, encouragement and support that both you and your child need to succeed.